pH Basic

pH Balance and Enzyme Optimization*

ENZYMEDICA®
The Enzyme Experts
888.918.1118
www.Enzymedica.com

pH-Basic is formulated to assist in balancing the pH of individuals who are either too acidic or too alkaline. pH-Basic contains a synergistic blend of minerals, enzymes, superfoods, and herbs in an enteric coated capsule designed to bypass the acid environment of the stomach.*

The term pH stands for "potential" of "Hydrogen". It defines the amount of hydrogen ions in a particular solution. The more ions, the more acid the solution. The fewer ions the more alkaline (base) the solution. pH is measured on a scale of 0 to 14 with 7 being neutral . The lower the pH number the more acidic it is and the higher the number the more alkaline. For example, a pH of 3 is more acidic than a pH of 5 and a pH of 9 is more alkaline than a pH of 6.

As humans, a normal pH of all tissues and fluids of the body (except the stomach) is slightly alkaline. The most critical pH is in the blood. All other organs and fluids will fluctuate in their range in order to keep the blood a strict pH between 7.35 and 7.45 (slightly alkaline). This process is called homeostasis. The body makes constant adjustments in tissue and fluid pH to maintain this very narrow pH range in the blood.

To be too acidic in the body can have far reaching consequences. For example, if the blood becomes too acidic the body will balance the pH at all costs. This can lead to common symptoms which include but are not limited to heart burn, acid reflux, indigestion, weight gain, difficulty losing weight, poor metabolism, mineral deficiencies, constipation, fatigue, brain fog, frequent urination, hypoglycemia, hormonal imbalances, sore muscles, and the list goes on.

Diet is probably the most important change. Avoid the over consumption of meat, alcohol, soft drinks, caffeine, cheese, white sugar and medical drugs. Add more ripe fruit, vegetables, soy beans, carrots, beets, miso, and calcium citrate to your diet. pH-Basic can greatly contribute to balancing pH whether or not you decide to make such adjustments.

pH-Basic has been enteric-coated to deliver nutrients directly to the small intestine. This is more effective than neutralizing the acid of the stomach. Neutralizing stomach acid can over time promote additional acid production and become counterproductive.* Test strips are included (urine is more accurate than saliva). For more information refer to Enzymedica's special report "The Importance of Proper pH," at www.enzymedica.com or call us toll free at 1-888-918-1118.

Recommended Usage

For maintenance: 1-2 capsules before bed with at least 6 oz. of water. For therapeutic effect: 1 in morning, 1 in afternoon, and 2 before bed. Always take 1 hour before or 2 hours after a meal (empty stomach).*

Supplement Facts
Serving Size: 1 Enteric Coated Capsule
Servings Per Container: 90, 120

Amount Per Serving		%DV
Mineral Blend (Potassium Bicarbonate, Sodium Bicarbonate, Magnesium Citrate)	155 mg	*
Herbal Blend (Hydrilla, Marshmallow, Papaya)	140 mg	*
Amylase *Thera-blend™*	2,500 DU	*
Cellulase *Thera-blend™*	600 CU	*
Protease *Thera-blend™*	1,000 HUT	*
Lipase *Thera-blend™*	190 FCCFIP	*
Phytase/Pectinase	200 Endo-PGU	*

* Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water) CONTAINS NO dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.

Keep closed in dry place; avoid excessive heat.

6 70480 29100 9 **90 count**

6 70480 23110 4 **120 count**

- **Fast results**
- **Test strips included**
- **Enhances enzyme activity**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.