

# Protein Optimize

Enhances Digestion of Protein\*

**ENZYMEDICA**  
The Enzyme Experts

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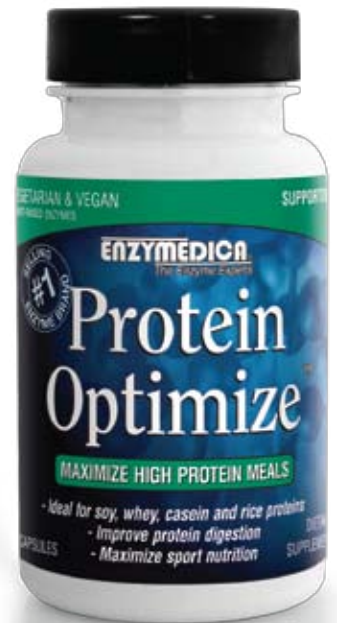
Exercise and sports nutrition programs have grown dramatically, and with them the development of dietary plans to specifically accommodate the increased nutrient needs of active people. Many of these programs involve supplementing with high protein drinks and bars.

The product Protein Optimize is designed to improve the digestion process of proteins, making it an excellent addition to protein supplements. This formula was designed to be taken in conjunction with protein either in powder form, bar form or derived from high protein meals. Supplementation with these enzymes can be critical in order to handle the increased digestive demands on the human body. It helps to provide maximum nutrient availability for the recovery and rebuilding process. In addition to its applications for sports nutrition supplementation, an additional application for this product includes those people in the aging population who need additional protein, but are no longer as efficient at digesting the macromolecule.\*

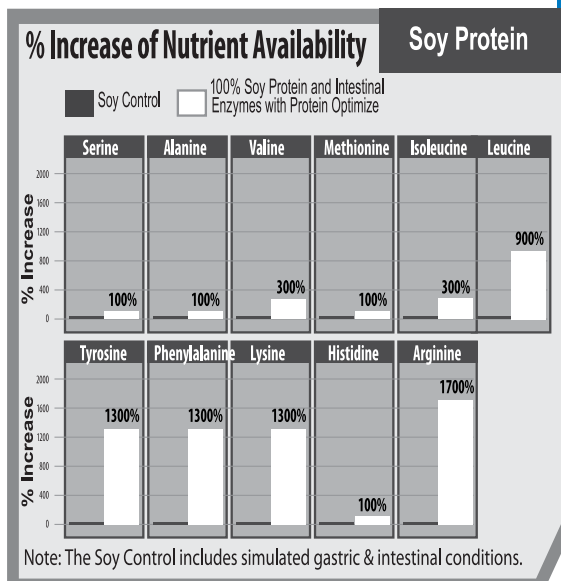
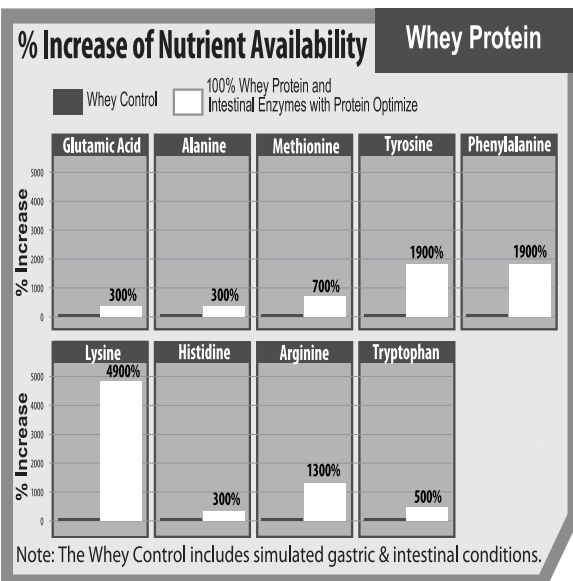
Although there are a number of metabolic advantages to increasing protein intake, some sources of proteins are not easily digested by the enzymes of the gastrointestinal tract. The undigested protein ends up in the large intestine and can be fermented by the intestinal flora. Some of the metabolic byproducts of this fermentation can potentially be toxic. Therefore, it is vitally important that protein is digested as completely as possible, and absorbed by the small intestine before reaching the large intestine.\*

## Recommended Usage

Take one capsule per 20 grams of protein. More may be taken as needed or when recommended by your healthcare provider.



## In Vitro Lab Results with Protein Optimize



### Supplement Facts

Amount Per Serving	%DV
Serving Size: 1 Capsule	
Servings Per Container: 90	
Protease <i>Thera-blend</i> ™ #884 52,000 HUT	1
<i>Thera-blend</i> ™ #884 contains a proprietary blend of:	
Protease 4.5	-
Peptidase	-
Protease 6.0	-
Protease AM	-
Protease 3.0	-
Protease 500	-

† Daily Value Not Established  
\* This blend has been customized to address the specific needs of individuals with high protein intake and is unlike any other Enzymedica *Thera-blend*™.

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water) CONTAINS NO dairy, salt, sucrose, soy, wheat, yeast, corn, gluten casein, potato, rice, artificial colors or flavors.

Keep closed in dry place; do not expose to excessive heat.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.