

CarbGest

Starch, Carbohydrate & Phenol Digestion

ENZYMEDICA®
The Enzyme Experts

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High potency digestive support for diets rich in carbohydrates and the phenolic compounds found in fruits, vegetables, and food additives.

CarbGest: Phenol-Targeting Enzymes

CarbGest provides phenol-targeting enzymes such as xylanase to enhance the digestion of phenolic compounds in fruits, vegetables, nuts, grains, and food additives. While some negative attention has been given to the phenolic compounds, like salicylates, due to some individuals having difficulty tolerating even small amounts, phenols are generally referenced in the context of antioxidants. Plant foods are rich in specific polyphenols called flavonoids and beta-carotenes. These are antioxidant nutrients essential for health. By aiding the digestion of phenol containing foods, the enzymes in CarbGest may enhance the availability of these core antioxidants to the body.

Polyphenolic Compounds: A Trigger Food

Some individuals have sensitivity to phenols, and experience difficulty digesting foods that contain them. While it may be possible to reduce one's consumption of the phenols and salicylate compounds found in food additives such as colorants and flavorings, phenols are relatively omnipresent in all plant foods. Since complete abstinence from phenolic compounds is not always possible, a phenol-targeting enzyme blend such as CarbGest can provide digestive support.

Support for Carbohydrate Rich Diets

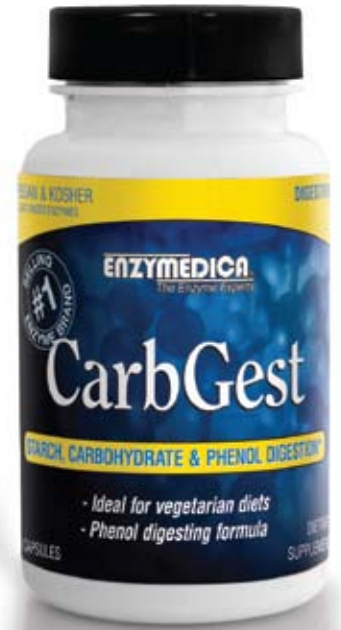
Amylase, commonly referred to as carbohydrase, is needed to break down and assimilate the carbohydrates in our diet. Complex carbohydrates that are found in healthy foods such as vegetables are rich in minerals, vitamins and other nutrients necessary for health. These carbohydrates provide support to every cell of the body, including healthy protein and fat metabolism, immunity, skin rejuvenation, detoxification, and bone growth.

In addition to the body producing carbohydrase enzymes, we obtain amylase through our diet, in certain raw foods and dietary supplements. Considering how frequently the body employs carbohydrases to maintain health, it is not a surprise that some individuals suffer from an amylase deficiency. They may experience symptoms of low energy, skin problems, and impaired digestion. For these individuals a carbohydrase enzyme blend may help maximize healthy carbohydrate digestion.

Recommended Usage:

Take one capsule of CarbGest at the beginning of each meal. For phenol sensitivities, dosage can be adjusted according to individual needs. The capsule may be opened and mixed with food when desired. Safe for children.

- **Ideal for vegetarian diets**
- **Phenol digesting formula**



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		%DV*
Protease <i>Thera-blend™</i>	15,000 HUT	*
Amylase <i>Thera-blend™</i>	10,000 DU	*
Cellulase <i>Thera-blend™</i>	2,500 CU	*
Lipase <i>Thera-blend™</i>	150 FCCFIP	*
Alpha Galactosidase	40 GalU	*
Xylanase	38,000 XU	*
Phytase	90 FTU	*
Beta Glucanase	35 BGU	*

* Daily Value not established

OTHER INGREDIENTS: 100% Vegetarian Capsule (cellulose, water)
CONTAINS NO dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice, artificial colors or flavors.

Keep closed in dry place; avoid excessive heat.



60 count

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.